

TEETHING PAIN: HOW TO HELP YOUR BABY

2009  
BABY  
BONUS  
update

practical

# parenting

Australia's favourite parenting magazine

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## Essential FIRST AID

every mum needs  
to know NOW

## NO MORE BOTTLES

Getting littlies to  
drink from a cup

## Lolly lovers

Setting healthy  
limits for toddlers

## Pregnancy health

• risks • myths • facts

Indoor fun &  
games *for tots*

## Sleep detective

Why your baby won't settle

## Long labour, short labour

Can you predict yours?



Your guide to  
**healthy baby**  
*weight gain*

PREGNANCY ★ BIRTH ★ BABY ★ TODDLER ★ PRESCHOOLER



### Spin out!

The Sand & Water Wheel is simple fun to keep toddlers happy on the beach. Pour in sand or water to spin wheels. From Kids Central, rrp \$15



### Lovely, smelly feet

These groovy Blue Jelly summer sandals smell like a fruity jelly treat. Available in strawberry, blueberry, cherry, banana and vanilla, they're really comfy too. Stockists at [www.smellywelly.com.au](http://www.smellywelly.com.au), rrp \$30

# it's a kid thing

Fabulous goodies for fun-lovin' toddlers



### Tots afloat

Your preschooler will be water ready with this SPF 50+ Australian Floatsuit. It encourages water confidence and provides great sun protection. Stockists at [www.floatsuits.com.au](http://www.floatsuits.com.au), rrp \$55 (lycra), \$65 (neoprene wetsuit fabric)



### A is for...

An alphabet print with a difference, available in three different colours. From [www.kindergallery.com](http://www.kindergallery.com), rrp \$70

### Munch 'n' roar

Sangas stay fresh and lunch becomes fun with the *Madagascar Escape 2 Africa* sandwich keeper from Tupperware. Stockists at [www.tupperware.com.au](http://www.tupperware.com.au) or call 1800 805 396, rrp \$31

